



Curriculum Plans – Key Stage 3 Year 8 PSHE

Please find below a detailed outline of the curriculum covered in PSHE through Year 8 in Key Stage 3.

Year 8

	Term 1.1	Term 1.2	Term 2.1	Term 2.2	Term 3.1	Term 3.2
Topics	<p>“What is bullying?”</p> <p>“What are the three forms of bullying?”</p> <p>“What do we mean by the term ‘bystander’?”</p> <p>“What is discrimination?”</p> <p>“What is respect to you?”</p>	<p>“We all have some feelings everyday that come and go, can you think of any? ”</p> <p>“How do you know if you are overwhelmed?”</p> <p>“Why are happiness and positivity important to our wellbeing?”</p> <p>“What does it mean to be kind?”</p> <p>“What are the sources available?”</p>	<p>“What terms might be used instead of sleep?”</p> <p>“What is your current bedtime routine?”</p> <p>“How much sleep do you get per night?”</p> <p>“What time did you put down your device last night?”</p>	<p>“What affects our body?”</p> <p>“What are your individual beliefs about beauty?”</p> <p>“What are some of the changes that you go through?”</p> <p>“How do you look after yourself?”</p>	To be confirmed- planning based on student needs.	To be confirmed- planning based on student needs.
Support Materials	Oxford and further teacher created materials.					
Extension (Stretch/Challenge)	Teacher made.					





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