



# NADEEN NEWS

“SMALL SCHOOL—BIG FAMILY”



Nadeen School—Bahrain



nadeenschool

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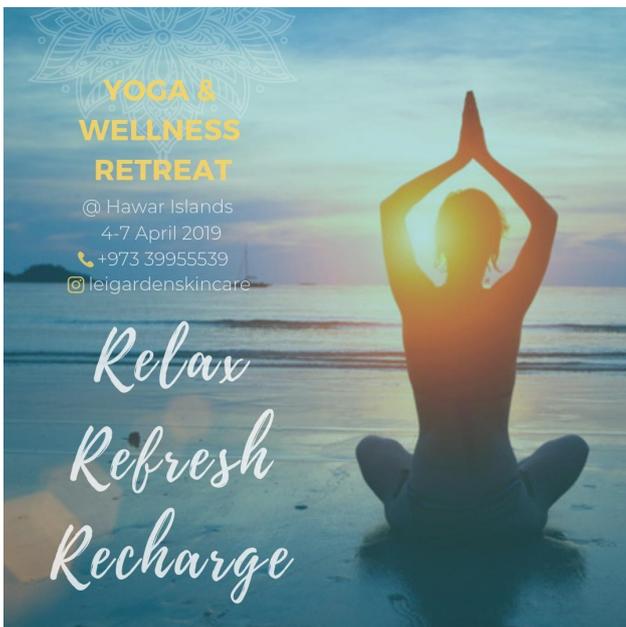


Please follow our Facebook and Instagram pages!

It seems impossible that we are already in to March. Where is the time going?! We are looking forward to our upcoming Wellness Day next week. Note that the date has changed to **Thursday 14th March from 12pm-3pm**. We decided to try the event on a week day to give as many parents as possible to opportunity to attend prior to collecting their children. It also falls over the lunch hour so hopefully, if you work, you can come, too! We will be showcasing wonderful vendors who all promote wellbeing, wellness, and health through their products. We are running it as a free community event and hope to see as many of you here as possible...please come!

## Wellness Day—change of plan!

We have changed our Wellness Day to be on **Thursday, 14th March from 12pm-3pm** in order to make it accessible to as many parents as possible. We will have over 20 vendors at school at pick-up time; we suggest you come early so you can have a look **BEFORE** collecting your children! (you're welcome to browse with them too.) Our vendors all promote wellness/wellbeing and we're so excited to introduce you to them all. Bring an appetite and a bag with you, too, as there will be **LOTS OF FOOD** to try, buy, eat, and take home including fresh vegetables, fresh produce, and vegan/gluten-free/plant-based food. We'll also have vendors selling unique items not found in shops and a really great raffle. Come, bring your friends, and join in with this free community event. Spread the word and follow our Instagram for updates! Namaste...



Connecting you to new Business and Social events  
Email: nadeennetwork@nadeenschool.com

**HAWAR ISLAND— April 4/5/6/7 2019. See flyer for more details!** During the 3 days you will connect with your body through inspirational yoga practices, breathwork experiences, flexibility, callisthenics and art workshops, and a clean eating approach to help you reach a better and healthier version of you. In this retreat, you will connect with your intuitive spirit in a beautiful beach

shore setting through mindfulness yoga practices for all levels, sizes, and shapes! Along with a unique selection of live musical instruments reflecting the visual projections at night to soothe your mind, body and soul. Here is your chance to unwind, find inner calm, restore energy and renew your life perspective. Take a break from your busy life and listen to your Intuitive Soul. Call **+973 39955539**



Dates for your diary!

- 11 Mar. – Cat in the Hat at the Cultural Hall Nursery-Yr1
- 12 Mar. – Much ado about Nothing at the Cultural Hall yrs 5 & 6 (evening event)
- 14 Mar. – Wellness Day—**NEW DAY AND TIME**— 12pm-3pm at school
- 21 Mar. — School Council Pyjama Day
- 4 Apr. — Interhouse Math competition
- 14-18 Apr. — Earth Week

*Health is a state of body. Wellness is a state of being.*  
*Look after your body and your mind*

## News from the Parent Teacher Association (PTA)

Big thanks to Ms Shanee who was our tour guide on our latest PTA bus trip to Manama Souq. We had a lovely breakfast in Naseef restaurant followed by a very informative tour around the Souq. Our next trip is **Monday March 11<sup>th</sup>** and it's a PTA a first: we are going on a **bike ride!** Kashta Tours will provide the bikes and a tour guide, leading us on a gentle ride to explore some of the farms and gardens of Bahrain. Please book your seat in the office with Hilary. We have started preparing this year's Nadeen School Yearbook. If you have any thoughts or suggestions for items you would like to see included in this year's book, please email [nadeen.pta@gmail.com](mailto:nadeen.pta@gmail.com). Each year we look for advertisers for the year book so please contact [hilary.lantz@nadeenschool.com](mailto:hilary.lantz@nadeenschool.com) for further information. The yearbook is a lovely keepsake for your child and something that they will cherish for many years to come.



### ...HOUSE NEWS...

#### ARADOUS

House Points

**1806**

#### AWAL

House Points

**1786**

#### TYLOS

House Points

**1608**

#### DILMUN

House Points

**1445**

### SCHOOL COUNCIL

We had a super successful Valentine's Disco! We hope all of you that came enjoyed yourselves. We just want to say an extra BIG THANKS to all the staff that came to help us out! 21<sup>st</sup> March – PYJAMA DAY! All children and staff - come to school in your PJs for a fee of BD1. The School Council will be collecting the money and donating to the BSPCA. The next School Council event will be the annual Talent Show! More information will follow when we have finalised plans keep the date free – Thursday 30<sup>th</sup> May.

### ...SPORTS DESK...

We have had a fantastic month here at Nadeen with Sports Day being a remarkable success. We'd like to thank all of those who were involved from teachers, assistants and parents in making both Sports Days enjoyable for everyone. In addition, the Nadeen boys' football team took part in a five-a-side indoor tournament at Bayan School. Over 14 teams entered the tournament from schools across Bahrain. Despite some stiff competition, the boys played exceptionally well and just missed out on a semi final place by 1 point. However, they can certainly be proud of their efforts. The Nadeen girls' netball team also participated in the Primary Sports League netball tournament and did exceptionally well to finish second overall, narrowly missing out on the gold medal in the final. All of the girls competed extremely well, with special mention going to Taline George who received Player of the Tournament! For this block, we are learning about different sports such as handball, rugby, cricket and tchoukball, the rules of each sport, the passing techniques given the shape of the ball and how to play mini matches.



## News from the Key Stages

EYFS	Collaboration in EYFS is a part of children's personal, social and emotional development. At this stage of development, children learn to share, take turns and then to collaborate. Playing together, children will work towards the same goal, for example building the wall, sharing roles in play, or simply making music. Even though it can just look like simple, fun play, in reality collaboration involves many processes that take time and practice to develop in children. Collaboration is a very important skill that children will need in formal learning and future life, so our EYFS team makes sure that children are supported in the development of collaborative skills through play.
KSI	Teaching children how to collaborate, and providing a variety of learning experiences which enable them to collaborate, is an excellent way to build confidence in children as learners. This is empowering for children in two ways: they learn that collaboration is a useful learning tool (as it is also in real life), and they are able to clarify, build on and develop learning by discussing ideas with their friends. By enabling collaborative learning, children grow in confidence as learners, begin to see that the sky is the limit in their learning and learn to learn from a range of children in their class/year group (not just their close friends or the teacher) which, in turn, breeds independence and interdependence.
KS2	Collaboration is needed across all areas of our education system, from what happens within classrooms between students, to what happens within schools among staff and parents. The ability to work effectively with others is a key element of life and, with it, the ability to adapt and become a lifelong learner. Lifelong learning is something we are passionate about at Nadeen and collaboration is a vital component for this. Those who can work in teams and who can use and promote a 'collective intelligence' often end up becoming excellent individual learners also. The ability to adapt to any team situation is also a highly desirable trait and will stand your children in good stead for their future. Learning how to be collaborative and work successfully within groups is a key indicator for future success in education and beyond. It is vital to instil this at an early age and also model effective methods so that your children can have every opportunity to succeed.